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- 5/3/10 Lancaster IU13 TCC: **Understanding & Navigating the SSI & MA systems at transition time** 1020 New Holland Pike, Lancaster, PA 7-9 P. For more information call 717-606-1033.
- 5/3/10 Dauphin & Lebanon County Autism ARC training: **Facilitating Communication & Assistive Technology Training** 6-7:30 PM. St. Mark United Church of Christ, 426 N. 8<sup>th</sup> St, Lebanon, PA 17046. This training will explore different ways to facilitate communication and the possible benefits of current assistive technology. For more info or to RSVP contact Merani Lopez @ 717-673-3494 or email [mlopez@arcofdc.org](mailto:mlopez@arcofdc.org)
- 5/6/10 Autism York Support Meeting: **Promoting Self-Advocacy for Aspergers**. York Learning Center, 7<sup>th</sup> Ave. York, PA 6:30-7:30 PM. York Learning Center, 300 7<sup>th</sup> Ave, York PA 17404. For More information visit: [www.autismyork.org](http://www.autismyork.org)
- 5/6/10 **Family Advisory Committee (FAC) meeting** for Families of Community Care members in York County. Meeting is to discuss services and how to improve on the services. Meeting is held at the United Way Building of York County, 800 E King St, York, PA @ 5 PM. Call 1-800-860-7041 to register.
- 5/8/10 Carlisle Regional Medical Center will host its 11th annual rain or shine **"Family Fun and Safety Day and More,"** event May 8 at the hospital from 10am to 2pm. This event will be full of activities for the entire family to learn to practice safety, health and wellness in their everyday life.
- 5/10/10 Capital Area Behavioral Health Collaborative, Inc. (CABHC) will host training on **"Introduction to Wellness Recovery Action Plan (WRAP) & Recovery"**. May 10-12, 9:30 AM – 4PM. This training will be held at the Holiday Inn Hotel & Conference Center, 148 Sheraton Dr. New Cumberland, PA. Contact Emily Key 2 717-233-2424 or [ekkey@visionforequality.org](mailto:ekkey@visionforequality.org) FREE.
- 5/11/10 Manheim Township School District (Lancaster County) is holding it's first **"Agency Fair"**. 1:30-7 PM @ the Manheim Township High School.
- 5/11/10 The ARC of Dauphin & Lebanon Counties present **"Government Advocacy Training"** Seminar. This training will teach you strategies to communicate with legislators and connect you with a group of like-minded friends to convey the message. 6:30-8 PM. For more information or to RSVP, please contact Merari Lopez at [mlopez@arcofdc.org](mailto:mlopez@arcofdc.org) or 717-673-3494.
- 5/12/10 CAIU in Summerdale is offering a workshop 4-6 PM. Keystone Autism Services will present about **support services beyond school for individuals with Asperger's**. For more information Carol Hollis at 717-732-8400 x8340
- 5/13/10 Schreiber Pediatrics' Parent Support meeting, **Marital Stress with a Special Needs Child**, 6:30-7:30 PM. For more information contact Lori Shoemaker 717-393-0425
- 5/13/10 Webinar training: **"Secondary Transition: Connecting Present Education Levels to the Transition Grid."** 2:30-3:30 PM. Contact Debra Johnson 800-441-3215 ext 7224 or [djordan@pattan.net](mailto:djordan@pattan.net)
- 5/13/10 Autism Parent Education Telephone Seminar **"Planning for Summer: Routine Changes & Activities."** Free. 8 – 8:30 PM Seminar will be given by health advocates from the CIGNA Autism Team. To listen to the seminar, call 1-888-892-6703 at the scheduled time. When prompted for a pass code, enter 164265
- 5/18/10 Parent Education Network will present on the topic **"Communication & Conflict Resolution"** at Lebanon Support Group. 7-8:30 PM. Meetings are held at the Fairland Brethren in Christ Church, 529 W. Penn Ave., Cleona, PA 17042. For more information contact Diane @ 717-838-7946.
- 5/19/10 Center for Autism Research Conference. **"New Directions in Autism Research and Treatment"** 8:30 AM- 4 PM, 315 Chestnut St, Philadelphia. Presentation will discuss new directions & recent discoveries in Autism Research. For more information contact Erin Bogue @ 267-426-4914, [boguee@email.chop.edu](mailto:boguee@email.chop.edu)
- 5/24/10 Autism York workshop **"Addressing the Needs of Adolescents & Young Adults on the Spectrum"** presented by Peter Gerhardt, Ed. D & Sherry Moyer, MSW, 9 AM – 4 PM, York Learning Center, 300 7<sup>th</sup> Ave, York PA 17404. For More information visit: [www.autismyork.org](http://www.autismyork.org)
- 6/1/10 **11<sup>th</sup> Employment Supports Symposium**. A Pennsylvania Employment Conference for People with Disabilities, which will be June 1-4, 2010 at the Hyatt Regency Philadelphia, Penn's Landing, 201 South Columbus Blvd., Philadelphia, PA, 19106. This year's focus will be **"Moving Employment Forward: Building Employer Relationships!"** For more information about this event you can contact Shauna Roman at 215-546-4112 or email [shaunar@networksfortraining.org](mailto:shaunar@networksfortraining.org).
- 6/2/10 3<sup>rd</sup> Annual Pennsylvania Autism Training Conference **"A New Vision for Autism Services: Practical Strategies & Solutions"** Wed June 2- Fri June 4, Eden Resort, 222 Eden Rd, Lancaster, PA 17601 For more information contact 1-866-539-7689 or visit [www.Autisminpa.org](http://www.Autisminpa.org)



- Plan in advance. Call ahead and inform the airline, hotel, resort and cruise line of the individual's situation and inquire what special accommodations - fridge, inside room - are available.
- Bring the individual's bedding if you think that will make him/her more comfortable.
- Be realistic in selecting vacation destinations with environments you believe the individual can handle.
- Book low season on a cruise or at a resort so there will be fewer guests and the staff will have more time to devote to your needs.
- Travel by car if flying or other public transportation seems too difficult.
- Choose hotels/motels with kitchen suites or room service so you can eat some of your meals in your room.
- MP3 players with headphones, loaded with favorite music, can soothe individuals who are disturbed by noises. Personal DVD players can also help make a long trip more enjoyable.
- Don't hesitate to explain the individual's situation to others you may encounter, including flight attendants, hotel staff, employees at the amusements you visit, and other vacationers.
- Prepare the individual before and during the trip on what to expect that day.
- Adhere as closely as you can to the individual's normal routine.
- Whatever happens, stay calm.



## Adult Resources

- ❖ Many adults on the autism spectrum have difficulty finding and maintaining employment. To help these people in finding work, [AutismResources.com](http://AutismResources.com) has created a special category in their listings called, "Employers of People with Autism."
- ❖ Family Behavioral Resources (FBR) is now a PA Adult Waiver provider who can provide Behavioral Specialist Support for those individuals enrolled in the waiver. For more information contact Christy Foote @ 1-866-432-7273
- ❖ This month's Special Ed Advocate Newsletter has information and resources about college and continuing education, accommodations after high-school, and self-advocacy. To subscribe for free visit [www.wrightslaw.com](http://www.wrightslaw.com)
- ❖ The Sarah Lynn Strohman Foundation is holding a basic container gardening class along with Penn State Master Gardeners for adults with special needs (18 and up) on May 22 at 1:00 at the Cumberland County Extension Office. The cost of the class is \$10 which covers the pot, soil and plants. Contact Francine at 691-1457 or [FrancineSLS@Gmail.com](mailto:FrancineSLS@Gmail.com) for further information

### Life's Joyful Expressions

Photography for our Special Needs Kids Visit

[www.lifesjoyfulexpressions.com](http://www.lifesjoyfulexpressions.com) or call Holly Hess @ 717-367-8520



## Child/Adolescent Resources

- ❖ F&M is running a study for 4-6 year olds to look at how typically developing children & those with ASD learn about functions of objects. This is a short one-session study. For more information contact Dr. Krista Casler @ 717-291-3828.
- ❖ Visit our BLOG @ [asertinfo.com](http://asertinfo.com) for summer camp information

You can obtain past newsletters at [www.autismcentralpa.org](http://www.autismcentralpa.org). Please feel free to distribute as you like. We would be happy to add you to our emailing list. If you would like to receive our monthly newsletter by email, please e-mail: [info@asertinfo.com](mailto:info@asertinfo.com) or call 1-877-231-4244 with the following information: Name; Address; Phone Number; and Organization (if any).

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